**1.052 Rakytníkový nápoj s príchuťou šípky a medovky 100 porcií**

**Receptúra**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Potravina | Veková skupina | | | | | | | |
| A | | B | | C | | D | |
| Hmotnosť v kg, l, ks | | | | | | | | |
|  | Hrubá | Čistá | Hrubá | Čistá | Hrubá | Čistá | Hrubá | Čistá |
| výťažok rakytníka, šípok a medovky | 1,20 | 1,20 | 1,50 | 1,50 | 1,50 | 1,50 | 1,80 | 1,80 |
| voda | 14,00 | 14,00 | 19,00 | 19,00 | 19,00 | 19,00 | 24,00 | 24,00 |
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| hmotnosť porcie | 150 | | 200 | | 200 | | 250 | |

**Výrobný postup**

Výťažok z plodu rakytníka, šípok a medovky zmiešame so studenou vodou v uvedenom pomere.

**Nutričné zloženie 1 porcie**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| veková  skupina | energetická  hodnota | | bielkoviny | tuky | kyselina  linolová | sacharidy | vláknina | vápnik | železo | Vitamíny | | | | |
| A | B1 | B2 | C | E |
| kJ | kcal | g | g | g | g | g | mg | mg | mg | mg | mg | mg | mg |
| A | 200 | 41 | 0,0 | 0,0 | 0,0 | 11,4 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 9,0 | 0,0 |
| B | 250 | 60 | 0,1 | 0,0 | 0,0 | 14,3 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 12,0 | 0,0 |
| C | 250 | 60 | 0,1 | 0,0 | 0,0 | 14,3 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 12,0 | 0,0 |
| D | 300 | 72 | 0,1 | 0,0 | 0,0 | 17,2 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 15,0 | 0,0 |